

CERTIFIED CAREGIVER/PSW ONLINE PAMPHLET



Certified Caregiver
Personal
Support Worker
ONLINE/HOME STUDY
FOR THE WORKPLACE

CCS CARE CO LLC
ONLINE STUDIES FOR QUALITY STANDARDS
1-519-800-3802
CREATING CAREGIVERS WITH
COMPASSION, COMMITMENT, CO-OPERATION,
COMPETENCY AND CARING SKILLS
email: info@ccscare.co
web sites under construction till the end of August

CCS CARE CO LLC is located in the US, and trains caregivers nationally and internationally.

The National Standards and Certification Body for PSWs is a third party of professionals committed to an international standard of caregiving.

The Caregiver/PSW has 1000 hours of training. Many have worked in private, long term care, and completed the program online, and paid internship by nurses and CPSWs working in private care.

The program of training for international caregivers is delivered online, and placements are with individuals and their community for both home care and institutional care.

Program ONLINE Outline

15 MODULES OF STUDY, TESTS AND FINAL EXAM
14 MODULES ARE 20-25 HOURS OF ONLINE/HOME STUDY
ANATOMY AND PHYSIOLOGY -350 HOURS OF ONLINE/HOME STUDY

Human Relations-20-25 hours for each of the 14 modules

- Leadership Skills
- Respect & Care for the Client and Members of the Health Care Team
- Compassion, Commitment, Co-operation, Competence, and Caring (5 Cs)

Individuality of The Person

- Respect/Clients
- Family Relationship Building
- Concepts of Interdependence and Independence
- Culturally Shaped Values
- Self-Determination of the Client

Role of the Personal Support Worker

- PSW Supervision
- Work Place Legislation
- Responsible & Respective Support Services
- Safe and Effective Support
- Time Management
- Stress Management
- Confidentiality

Interpersonal Skills, Anatomy and Physiology-350 hours

- Establish and Maintain Positive Relationships with Clients and Their Families
- Demonstrate Empathy, Respect, Encouragement & Clarity in Communication
- Medical terminology is introduced, defined and used throughout the course
- Anatomy and Physiology are studied, integrated and tested
- Study of the stages of normal growth and development as they relate to the care of clients of diverse ages and abilities.
- Study of the basic structure and function of all human body systems.
- Study of the human musculoskeletal system including the names and locations of major bones, joints and muscles, age related changes, common diseases and disorders.
- Study of the structures and functions of the digestive system, age related changes, common diseases and disorders.
- Study of the structures and functions of the urinary system, age related changes, common diseases and disorders.
- Study of the structures and functions of the integumentary system, age related changes and common diseases and disorders.

This is not a complete course description, but is intended to provide direction in what the prospective Certified Caregiver/Personal Support Worker will study.

- Study the structures and function of the male and female reproductive systems, age related changes and common diseases and disorders.
- Study of the structures and functions of the cardiovascular and respiratory systems, age related changes and common diseases and disorders.
- Study of the structures and function of the nervous system, age related changes, common diseases and disorders.
- Study the structures and function of the endocrine system, age related changes and common diseases and disorders.
- Study the structures and functions of the body senses, age related changes and common diseases and disorders.
- **Use concepts of disease prevention, health promotion and maintenance, convalescence and rehabilitation and restorative care*, to support clients' maximum functional independence and comfort**
- The course integrates pathophysiology to explain anatomy and helps the student make a transition to clinical applications
- The NACC/PSW EXAM and Certification is 50% on Anatomy and Physiology study of 350 home study hours.

Safety

- Promote a Safe Environment
- Prevent/Minimize Accidents
- Care for Equipment
- Safe Handling/Storage of Hazardous Products
- Occupational Health and Safety Legislation
- Complete Incident Reports
- Universal Precautions

Assisting a Person with Mobility

- Routine Activities of Living
- Review Musculoskeletal System
- Identify, Use and Care for Adaptive Devices
- Identify and Demonstrate Good Body Mechanics
- Identify Prosthetic Devices
- Assist with Ambulation
- Active Range of Motion Exercises

Abuse

- Identify Issues of Power & Control
- Signs of Abuse and Reporting of Findings
- Ethical and Legal Obligations of Reporting

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Household Management & Meal Preparation

- Client/Family Needs
- Assist with Household Duties and Management
- Meal Planning
- Canada's Food Guide

Optimal Support and Care Planning

- Respect Interdependence and Independence
- Respect & Understand Client Rights
- Awareness of Strengths and Limitations

Assisting With Personal Hygiene

- Structure, Function, Skin, Ageing and Common Conditions Relating to Skin Care
- Provide Appropriate Assistance to Meet Individual Needs

Assist a Person Who Is Dying

- Reactions to Life-Threatening Illness, Dying and Palliation
- Impact on the Family of Life-Threatening Conditions
- Support/Care Plan
- CPR/First Aid Course Training to St. John Ambulance Standards

Assisting the Family

- Assist Caregivers and Clients in Accepting Assistance
- Respite Services and Their Acceptance
- The Role/Supervision of PSWs
- Routine Child & Infant Care

Cognitive Impairment & Mental Health Issues

- Recognize Changes in Behaviour which may be related to Psychiatric Illness
- Cognitive Impairment

Assisting to Manage Ongoing Conditions

- Assist with Routine Activities of Living
- Recognize Activities Which Require Additional Training
- Review of Anatomy

Assisting with Medications

- Responsibilities of the Caregiver, Regulated Health Professional, Supervisor, Family, and Case Manager Responsible in the Monitoring of the Outcome of Drugs
- Therapy as well as Assuring the PSW's Ability to Assist the Client
- The PSW Role in Medications
- Medications and Expected Outcomes

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CPR/First Aid Course

- Train to St. John Ambulance Standards

Online Testing/Labs

- Testing throughout training courses

Clinical Practicum

- The Practicum is provided in a facility, or a client's home, or in other community support settings. This may be a paid placement opportunity in a facility that wishes to enhance the skills of their employees.

Certified Caregiver/Personal Support Worker Standardized Bridging

The curriculum of the Personal Support Worker Standardized Bridging program marks the culmination of fifteen modules 700 academic hours and 300 hours internship for a total of 1000 hours. The program exceeds the training and education provided throughout Canada/US and prepares the various categories of front line health support workers.

This program standardizes training and provides a solid education base for both community and facility employment of support workers, that includes compassion, commitment, co-operation, competence, and caring.

Education for support workers must prepare them to develop a broad range of abilities. Workers must also be taught to recognize the value of their role, and provide not only for the comfort, safety and well-being of their client, but also to demonstrate sensitivity and respect for those in their care.

Bridging Program Admission Requirements

Successful completion of one or more of the following certificate courses:

- Healthcare Aide
- Home Support Worker Level II
- Home Support Worker Level III
- Foreign nurse program

Prerequisite:

1. Students must be either Secondary School Graduates or Mature applicants, 19 years of age or older. Mature Students must have the equivalent standing at the general level in English.
2. Students without Grade 12 must successfully complete a Technical Literacy Examination.
3. All students must provide proof of completion of a recognized Standard First Aid course and level "C": CPR to be exempt.
4. Police background check for criminal record

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The Standardized Bridging Program

- ONLINE/HOME STUDY FOR INTERNATIONAL STUDENTS AND NURSES
- Completion of all 15 modules, tests and Certification Exam

CPSW Bridging Exemption

- Students who have completed Healthcare Aide, Home Support Worker Level II & Home Support Worker Level III are exempt from Practicum hours upon completion of Clinical Skills and the Skills Passbook
- International nurses are exempt given they have employer references that cover the 300 hours.
- Prior Learning Assessment is recognized individually.

NACC/PSW Association

CCS – ONLINE STUDIES, is an outcome of industry needs for PSWs that have standards and co-ordinates with the student an opportunity to have cost effective training while working towards a Diploma for PSW and Certification for some 30,000 students since 1998.

The Association provides leadership and service to ALL CPSW graduates. Our mission is to provide excellence in education, practice and research quality standards in health care, and advocate for access to affirmative, cost effective WORKPLACE TRAINING.

The Association provides opportunities for foreign nurses, health care providers in other countries and national standards and PLARS - Prior Learning Assessment and Reviews for all provinces, and is an international agency for nurses from India, China, Guyana, Nepal, and South America to train in their own country prior to coming into Canada on a Nursing Visa.

This program allows agencies in Canada to hire foreign nurses that have Certified Caregiver/PSW program standards of 300 internship hours (may be paid hours), and 700 academic hours.

Certification in Post-PSW program, such as Gerontology, Reflexology, Restorative Care, Spinal Cord Injury, Dementia Care and Palliative Care, is available through the NACC/PSW.



Where can a CPSW work?

- Nursing Homes
- Retirement Homes
- Hospitals
- Private Contracts
- Community Living
- Childcare Support
- Community Nursing
- Day Away Programs
- Alzheimer's Day Programs
- Extended Care Facility/School

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Assistants for challenged

The Opportunity to Care

Certified Caregiver/Personal Support Workers are trained to give significance and meaning to the lives of their clients as they deal with the effects of ageing, injury or illness.

The CCS CARE CO offers a quality standardized curriculum for CPSWs that meets the needs of the client and supports the 5 Cs to health care.

To join the Registry of CPSW and be part of the National Association of CPSWs please call 1-519-800-3802.

Clinical Practicum

In the Certified Caregiver/Personal Support Worker Program, students spend 300 hours in a practical placement. The practicum is provided in a facility, or in the home of a client, or in other community support settings. It offers students the opportunity to gain knowledge and skills through on-the-job learning. The student may be hired by private retirement homes and paid for employment. The student may also volunteer their industry learning hours.

Student Evaluations

All students must complete a Skills Passbook with their preceptor, or home of employment and their course Instructor. Students will be required to maintain a minimum academic standing. Students must also pass the practical exam and demonstrate the 5 Cs throughout their training. A diploma is granted when all course work is successfully completed.

Admission Requirements

Grade 12 or equivalent, fitness to complete practicum components, demonstrated 5 Cs and successful completion of CPR and First Aid prior to graduation.

A heart and a sincere desire to care for others. This requires a personal letter emailed to info@ccscare.co listing your attributes towards caregiving, and the reason you desire to become a Certified Caregiver/Personal Support Worker.